



A large group of students was present yesterday to celebrate Rebecca Howe's signing of intent to play lacrosse at St. Bonaventure University. Howe is shown seated at center of the table. (Adam Drapcho/Laconia Daily Sun)

At ceremony, LHS's Becca Howe hailed as an ideal teammate

By ROGER AMSDEN
THE LACONIA DAILY SUN

LACONIA — At a ceremony yesterday in the Laconia High School library, senior Rebecca “Becca” Howe

signed a letter of intent Tuesday to play Division I college lacrosse at St. Bonaventure University in Allegany, New York. Howe was offered a significant scholarship by the university.

Howe, who becomes is the ninth

Laconia High School girls lacrosse player to sign on to play college lacrosse since the program started at LHS about 15 years ago, was praised by Laconia High School Athletic Director Craig Kozens as a player who has “a business like approach and plays a hard aggressive game that gets the job done.”

He said that Howe is a three-sport athlete who also excels in soccer, where she was just named to the Division III all-state team, as well as basketball.

She has played lacrosse since she was in the fourth grade and has played a key role in Laconia winning back-to-back Division III titles in 2015 and 2016.

As a freshman she scored three goals and had four assists when the Sachems beat Derryfield 12-10 to capture their first-ever state title.

In her three years of play she has scored 160 goals and had 40 assists, placing her second in LHS lacrosse history in total points.

She also excels in the classroom where she is an honor student taking AP courses and ranks in the top 10 academically in the senior class.

Kozens said those those who play on the same team as Becca are unanimous in saying that “they couldn’t ask for a better teammate.”

That was borne out by two of her teammates, Evelyn Avery and Devon Mello, both of whom said that Becca’s best quality is that she is a friend to all of those she knows.

Howe thanked her teammates and said that they “have helped me become the player that I am.”

Her father, Bob Howe, is the coach of the LHS lacrosse team, succeeding his wife, Kerri, who now teaches at Plymouth State.

He said that he is very proud of the way Becca plays. “She loves the game and it really shows.”

And both parents say they are proud of their daughter’s academic achievements.

Her mother said that it’s an eight-hour drive to St. Bonaventure, which is located near Buffalo, New York, but that she is looking forward to using her frequent flier miles to travel from Manchester to Buffalo to visit her daughter.

Last year Becca’s older sister, McKenzie, signed a letter of intent to play Division 1 lacrosse with Boston University.



Rebecca Howe awaits the beginning of a signing ceremony. She is joined at the table by her father, Bob, mother Kerri and brother Devon. (Adam Drapcho/Laconia Daily Sun)