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## Howe breaks LHS lacrosse record

By **ROGER AMSDEN**  
FOR THE LACONIA DAILY SUN

LACONIA — Becca Howe scored her 200th lacrosse goal last week and is now the all-time scoring leader for the Laconia Sachems.

Howe found the back of the net six times in that 20-7 win over St. Thomas Aquinas and continued her torrid scoring pace this week.

Monday she scored four goals in a 19-6 win over Bishop Brady and added five more Wednesday in a 14-3 win over Campbell.

But it's not the scoring record that is on her mind right now. She's looking at the Sachems' chances to win their third Division III title in the four years she's been in high school.

And she likes what sees for Sachems, now 8-2 and in third place in Division III, trailing only Hopkinton 11-1 and Derryfield 10-1.

Howe said the team appears to be jelling at the right time of the year. "We've only lost two games and they were two of the top teams, Hopkinton and Kearsarge. We're getting better every game and I'm really confident

about our team."

Howe is a three-sport athlete who also excels in soccer, where she was named to the Division III all-state team, as well as basketball.

Earlier this year she signed a letter of intent to play Division I college lacrosse at St. Bonaventure University in Allegany, New York. She was offered a significant scholarship to attend the university.

Speaking at the signing ceremony Laconia High School Athletic Director Craig Kozens described her as a player who has "a business-like approach and plays a hard aggressive game that gets the job done."

She has played lacrosse since she was in the fourth grade and has played a key role in Laconia winning back-to-back Division III titles in 2015 and 2016.

As a freshman she scored three goals and had four assists when the Sachems beat Derryfield 12-10 to capture their first-ever state title.

She also excels in the classroom where she is an honor student taking

see next page

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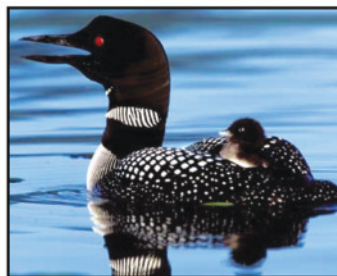
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## Golden View Health Care Center Presents Loon Preservation Committee Presentation

Wednesday, May 30, 2:30 pm, The Terrace at Golden View

The public is invited to Golden View's assisted living for a free presentation by the Loon Preservation Committee.

Attendees will learn all about loon natural history, challenges facing loons, and the LPC's activities in support of loons in New Hampshire.



Light refreshments will be served.

Seating is limited.

Please RSVP at 603.677.4194

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Laconia's Becca Howe charges down the field with pressure from Campbell's Jocelyn Theriault during a game on Wednesday afternoon in Laconia. (Karen Bobotas/for the Laconia Daily Sun)

from preceding page

AP courses and ranks in the top 10 academically in the senior class.

Kozens said those who play on the same team as Becca are unanimous in saying that "they couldn't ask for a better teammate."

Her father, Bob Howe, is the coach of the LHS lacrosse team, succeeding his wife, Kerri, who now teaches at Plymouth State.

Her father said he is very proud of the way Becca plays. "She loves the game and it really shows."

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