

# LACONIA SCHOOL DISTRICT

## School Administrative Unit Thirty

*"Ensuring success with every student, every day, in every way"*

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**Steve Tucker, Superintendent of Schools**  
**Amy N. Hinds, Assistant Superintendent of Schools**      **Christine Blouin, Business Administrator**

March 3, 2020

Good Day, Laconia School District Community.

I am writing to provide an update to you about Coronavirus Disease 2019, which is also known as COVID-19. It is important for all of us to make sure that we are taking precautions to help prevent the spread of COVID-19 and other respiratory illness, such as the flu, which we frequently see at this time of year. School and government officials are closely monitoring a variety of trusted sources to stay current with interim guidance and news updates. At this point, the New Hampshire Department of Health and Human Services (DHHS) is reporting that one person has tested presumptive positive in the state. The Center for Disease Control (CDC) will investigate further to determine whether this is a confirmed case or not. The SAU is also in communication with government and public health agencies. Our facilities and maintenance teams continue to ensure that our buildings are clean and safe. Our administrators and nurses are receiving and sharing information so that our school community have updates about the virus. The safety and well-being of our Laconia School District community is our top priority.

Of particular note on the DHHS site are the steps individuals can take to reduce their risk of getting sick. These include:

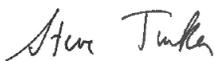
- o Get plenty of rest.
- o Stay hydrated.
- o Wash your hands often with soap and water for at least 20 seconds.
- o Do not touch your eyes, nose, or mouth with unwashed hands.
- o Avoid close contact with people who are sick.
- o Cough or sneeze into your elbow if tissues are not available and NOT into your hands, then throw the tissue in the trash and wash your hands.
- o Clean and disinfect objects and surfaces.
- o Stay home from work or school if you have a fever or are not feeling well.
- o If you have a fever, you must be fever-free for 24 hours without the use of fever reducing medication (i.e. Tylenol, ibuprofen) before returning to school.

In addition to these personal prevention measures, our school families should avoid all travel to any locations for which CDC has issued a Level 3 or 4 travel notice: <https://wwwnc.cdc.gov/travel/notices>. Travel to other countries outside of the U.S. should be discussed with the family's healthcare provider. As we become aware of any students and/or families who have travelled abroad to any countries under a COVID-19 travel advisory, we will take every precautionary step prior to allowing re-admittance to school. If you have recently or plan to travel to a nation outside of the United States, please notify the building administration at your school.

The CDC is periodically updated by US health officials and provides current information for public consumption. Here is a link to this site: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>. The New Hampshire DHHS COVID-19 site can be found at <https://www.dhhs.nh.gov/dphs/cdcs/2019-ncov.htm>. Both sites provide invaluable advice and information. You can also call the New Hampshire Bureau for Infectious Disease Control at 603-271-4496 if you have any questions.

Regardless of whether you or anyone in your family have travelled recently or not, it is important to stay attuned to your family's health. If your child has flu-like symptoms, please let school officials know. If you have any further questions, please do not hesitate to contact your school nurse, building administration, or the SAU office.

Sincerely,



Steve Tucker  
Superintendent  
Laconia School District